

Ash Manor School PE Department

Year 7

Week Beginning	Length	Boys 1	Boys 2	Boys 3	Girls 1	Girls 2	Girls 3
4 th September	4 Weeks	Football		Basketball	Netball		Gymnastics
2 nd October	4 weeks	Rugby			Basketball	Football	Football
6 th November	4 weeks	Basketball	Gymnastics	Netball	Football	Rugby	Netball
4th December		Options W/C11th December BHF FUN RUN W/C 4th December					
W/C 4 th January	4 weeks	Gymnastics	OAA	OAA	Trampolining		
29th January	4 weeks	Netball	Basketball	Football	OAA		
4 th March	4 weeks	Trampolining			Gymnastics	Cricket	Rugby
15 th April	4 weeks	Cricket	Netball	Gymnastics	Rounders	Basketball	Cricket
6 th May	3 Weeks	High Jump Throw 1&2 Throw 3/pacing	Throw 1&2 High Jump Throw 3/pacing	Throw 1&2 Throw 3/Sprint High Jump	Cricket	Rounders	Rounders
3 rd June	3 weeks	OAA	Cricket	Cricket	High Jump Throw 1&2 Throw 3/pacing	Throw 1&2 High Jump Throw 3/pacing	Throw 1&2 Throw 3/Sprint High Jump
24 th June	3 weeks	Rounders			Rugby	Gymnastics	Basketball

Ash Manor School PE Department
 KS 3 Core PE Curriculum Map –Aut & Spr Term

Year 8

Week Beginning	Length	Boys 1	Boys 2	Girls 1	Girls 2
4 th September	4 weeks	Football AWP	Table tennis Gym	Trampolining Sports Hall	Trampolining Sports Hall
2 nd October	4 weeks	Rugby AWP	Rugby Field	Netball Courts	TableTennis Gym
6 th November	4 weeks	Basketball Sports Hall	Basketball Gym	Football/Rugby AWP	Netball Courts
4 th December	2 weeks	BHF FUN RUN W/C 4th December Options W/C11th December			
W/C 4 th January	4 weeks	Table Tennis Gym	Netball Courts	Basketball Sports Hall	Dance Theatre/Hall
29 th January	4 weeks	Netball Courts	Football AWP	Dance Theatre/Hall	Basketball Sports hall/Gym
4 th March	4 weeks	Trampolining Sports Hall	Trampolining Sports Hall	Table Tennis Gym	Football/Rugby AWP

Ash Manor School PE Department
KS 3 Core PE Curriculum Map –Aut & Spr Term

Year 9

Week Beginning	Length	Boys 1	Boys 2	Girls 1	Girls 2
4 th September	4 weeks	Badminton SportsHall	Rugby Field	Netball Courts	Games Gym
2 nd October	4 weeks	Rugby Field	Games Gym	Dance Theatre/Hall	Netball Courts
6 th November	4 weeks	Games Gym	Fitness Hall/Fitness Suite/courts	Basketball Sportshall	Football/Rugby AWP
4th December	2 weeks	BHF FUN RUN W/C 5th December			
		Options W/C12th December			
W/C 4 th January	4 weeks	Football AWP	Basketball AWP	Games Gym	Fitness Hall/Fitness Suite/courts
29th January	4 weeks	Basketball Sportshall/Gym	Football AWP	Fitness Hall/Fitness Suite/courts	Dance Theatre/Hall
4 th March	4 weeks	Fitness Hall/Fitness Suite/courts	Badminton Sports Hall	Football/Rugby AWP	Basketball GYM

Ash Manor School PE Department
KS 4 Core PE Curriculum Map –Aut & Spr Term

Year 10

Week Beginning	Length	Mixed 1		Mixed 2	Mixed 3	GCSE Groups
4 th September	4 weeks	Badminton		Netball Tennis Centre	Outdoor games AWP	Netball Courts
2 nd October	4 weeks	Fitness		Badminton/ Indoor Games Sports Hall/Gym	Netball Tennis Centre	Netball Courts
Week Beginning	Length	OPTIONS				
6 th November	4 weeks	Basketball Sports Hall	Fitness Suite	Football AWP	Table Tennis Gym	
4 th December	BHF FUN RUN W/C 5 th December					
	Year 10 Exams W/C12 th December					
Week Beginning	Length	Mixed 1		Mixed 2	Mixed 3	GCSE Groups
W/C 4 th January	4 weeks	Outdoor Games AWP		Fitness	Indoor Games Gym	Table Tennis/ Trampolining SportsHall
29 th January	4 weeks	Netball Courts		Outdoor Games AWP	Fitness	Table Tennis/ Trampolining Sports Hall
4 th March	4 weeks	OPTIONS Fitness Suite		OPTIONS Benchball	OPTIONS Badminton	OPTIONS Football

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Year 9 GCSE Taster

	Length	A	C	D	E
4/9	7 Weeks	Theory- P1 Skeletal System Muscular System Movement Analysis	Theory- P1 Skeletal System Muscular System Movement Analysis	Theory- P1 Skeletal System Muscular System Movement Analysis	Theory- P1 Skeletal System Muscular System Movement Analysis
End of Topic Test – October Feedback 30/10					
6/11	4 Weeks	Netball	Netball	Netball	Netball
4/12	6 Weeks	Theory P1 Components of Fitness and testing Types of Training Principles of Training	Theory P1	Theory P1	Theory P1
29/1 End of Topic Test – February Data Drop 7/2 Feedback 5/2					
No Sports Hall Until 26.2	5 weeks	Table Tennis or Trampolining	Table Tennis or Trampolining	Table Tennis or Trampolining	Table Tennis or Trampolining
15/4	5 weeks	Theory- P2 Skill & Ability Participation Rates PEDS Guidance &Feedback	Theory- P2 Skill & Ability Participation Rates PEDS Guidance &Feedback	Theory- P2 Skill & Ability Participation Rates PEDS Guidance &Feedback	Theory- P2 Skill & Ability Participation Rates PEDS Guidance &Feedback
End of Year Test June					
	5 Weeks	Tennis	Tennis	Tennis	Tennis