

MONDAY



MAIN MEAL

CHICKEN STROGANOFF

Rice, Steamed Broccoli

VEGETARIAN MEAL

MUSHROOM STROGANOFF

Rice, Steamed Broccoli





TUESDAY

MAIN MEAL

CLASSIC BEEF LASAGNE

Garden Salad & Garlic Bread

VEGETARIAN MEAL

VEGETABLE & BEAN LASAGNE

Garden Salad & Garlic Bread



WEDNESDAY



MAIN MEAL **HONEY MUSTARD** **GLAZED GAMMON**

Roast Potatoes, Seasonal
Vegetables, Gravy

VEGETARIAN MEAL **MACARONI CHEESE**

House Salad or Seasonal Vegetables



Week 1



THURSDAY

MAIN MEAL

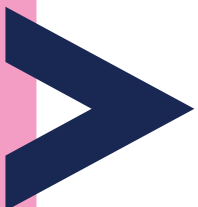
CHICKEN DOPIAZA

Rice, Coriander & Onion Salad

VEGETARIAN MEAL

PANEER & CHICKPEA CURRY

Rice, Coriander & Onion Salad





FRIDAY

MAIN MEAL

CHIP SHOP 'FRYDAY'
FISH, SAUSAGE, PIZZA OR
FISHCAKE

Chips, Peas

VEGETARIAN MEAL

CHIPOTLE QUORN
TORTILLA

Chips, Peas, Tomato Salsa



MONDAY



MAIN MEAL

MACARONI CHEESE WITH A SELECTION OF TOPPINGS

Salad, Homemade Garlic Bread

VEGETARIAN MEAL

MACARONI CHEESE WITH A SELECTION OF TOPPINGS

Salad, Homemade Garlic Bread





TUESDAY

MAIN MEAL

SAUSAGE & MASH

Caramelised Onion Gravy, Carrots &
Peas

VEGETARIAN MEAL

PLANT BASED SAUSAGE & MASH

Caramelised Onion Gravy, Carrots &
Peas



WEDNESDAY



MAIN MEAL

ROAST TURKEY

Roast Potatoes, Seasonal Vegetables,
Gravy

VEGETARIAN MEAL

ROASTED BUTTERNUT SQUASH & EDAMAME BEAN WELLINGTON

Roast Potatoes, Seasonal Vegetables,
Gravy





THURSDAY

MAIN MEAL

CARIBBEAN CHICKEN CURRY

Rice

VEGETARIAN MEAL

REGGAE REGGAE SWEET POTATO CURRY

Rice





FRIDAY

MAIN MEAL

CHIP SHOP 'FRYDAY'
FISH, SAUSAGE, PIZZA OR
FISHCAKE

Chips, Peas

VEGETARIAN MEAL

VEGAN FALAFEL BURGER

Naked Slaw, Chips, Peas



MONDAY



MAIN MEAL

BBQ CHICKEN FAJITA

Vegetable Rice, Spiced Slaw

VEGETARIAN MEAL

FALAFEL & VEGETABLE FAJITA

Vegetable Rice, Spiced Slaw





TUESDAY

MAIN MEAL

BEEF & TOMATO RAGOUT

Pasta, Garden Salad

VEGETARIAN MEAL

PLANT BASED RAGOUT

Pasta, Garden Salad



WEDNESDAY



MAIN MEAL

ROAST LEG OF PORK

Roast Potatoes, Vegetables

VEGETARIAN MEAL

ROAST BEETROOT, ONION & GOATS CHEESE PUFF PASTRY





THURSDAY

MAIN MEAL

CHICKEN KORMA

Rice, Onion Salad

VEGETARIAN MEAL

SQUASH, CHICKPEA & SPINACH KORMA

Rice, Onion Salad





FRIDAY

MAIN MEAL

**CHIP SHOP 'FRYDAY'
FISH, SAUSAGE, PIZZA OR
FISHCAKE**

Chips, Peas

VEGETARIAN MEAL

ONION BHAJI BURGER

Chips, Peas, Slaw

